



**December 2 – 8, 2019**

Menu items are subject to change based upon availability.

### **Monday**

#### **Broccoli and Cheese Soup**

Red Beans & Rice                  Shrimp Stew  
Roasted Carrots                  Rice  
Smoked Sausage                  Fresh Green Beans  
Corn Muffin

**Chef's Choice:** Chicken Fettuccini Alfredo

**Dinner:** Chicken Stew, Corn, Rice, Wheat Roll

### **Friday**

#### **Shrimp & Okra Gumbo**

Fried or Baked Fish                  Chicken & Dumplings  
Rice    Creamed Spinach  
White Beans                              Vegetable Medley  
Dinner Roll

**Dinner:** Chicken Gumbo, Rice, French Bread

### **Tuesday**

#### **White Chicken Chili**

Spaghetti & Meatballs                  Smothered Okra  
Chicken & Sausage Jambalaya  
Roasted Cauliflower                  Garlic Toast

**Chef's Choice:** Bang Bang Shrimp Salad

**Dinner:** Seafood Gumbo, Rice, Potato Salad, French Bread

### **Saturday**

#### **Deli Open**

**Lunch:** Smothered Pork Chops w/ Gravy,  
Roasted Red Potatoes, Carrots

**Dinner:** BBQ Brisket, Macaroni & Cheese, Mustard Greens

### **Wednesday**

#### **Three Mushroom Bisque**

Fried or Baked Chicken                  Beef Stew  
Macaroni & Cheese                  Rice  
Sautéed Broccoli                          Squash & Zucchini

**Chef's Choice:** Stuffed Bell Pepper

**Dinner:** Meatloaf, Mashed Potatoes, Peas & Carrots

### **Sunday**

#### **Deli Open**

**Lunch:** Lasagna, Brussel Sprouts, Garlic Toast

**Dinner:** Spinach Salad w/ Grilled Chicken

### **Thursday**

#### **Chicken & Corn Chowder**

Meatloaf w/ Gravy                  Fire-Braised Chicken w/ Peppers  
Mashed Potatoes                  Rice Pilaf  
Fresh Snap Peas                  Roasted Beets & Carrots  
Dinner Roll

**Chef's Choice:** Power Bowl

**Dinner:** Beef Stew, Rice, French Bread