



September 30 – October 6, 2019

Menu items are subject to change based upon availability.

Monday

Chicken Noodle Soup

Red Beans & Rice BBQ Brisket
Honey Carrots Loaded Mashed Potatoes
Smoked Sausage Sweet Corn
Cornbread

Chef's Choice: Pizza Bar

Dinner: Chicken Stew, Corn, Rice

Late Night: Red Beans, Rice, Smoked Sausage

Thursday

French Onion Soup w/ Bread

Grilled Pork Chop Shrimp Creole
Lima Beans Jasmine Rice
Rice Roasted Broccolini
Carrot Soufflé

Chef's Choice: Power Bowl

Dinner: Beef Stew, Rice

Late Night: Lasagna, Broccoli, Garlic Bread

Tuesday

Chicken Tortilla Soup

Fire braised Chicken w/ Onions & Peppers
Crawfish Beignets w/ Crawfish Sauce
Baked Sweet Potato Peas
Squash, Zucchini, Carrot & Pineapple Blend

Dinner: Seafood Gumbo, Rice, Potato Salad

Late Night: Chicken Caesar Salad

Friday

Shrimp & Okra Gumbo

Fried or Baked Fish Lasagna
Roasted Brussel Sprouts Rice
Roasted Fresh Green Beans White Beans

Chef's Choice: Bang Bang Shrimp Salad

Dinner: Chicken Gumbo, Rice, Potato Salad

Late Night: Fried Fish, White Beans, Rice

Wednesday

Italian Wedding Soup

Fried or Baked Chicken Blackened Redfish
Smothered Green Beans Israeli Couscous
Rice Dressing Sugar Snaps

Chef's Choice: Stuffed Bell Pepper

Dinner: Meatloaf, Mashed Potatoes, Peas & Carrots

Late Night: Baked Potato Bar

Saturday

Lunch: Fried Pork Chop, Baked Potato, Green Beans

Dinner: Baked Chicken, Macaroni & Cheese, Broccoli

Late Night: Grilled Cheese & Soup

Sunday

Lunch: Spaghetti Meat Sauce, Garlic Bread, Fries

Dinner: Cajun Braised Steak, Vegetables

Late Night: Roast Beef Po'boy