



Surgical Weight Loss

Bariatric surgery: safer than living with obesity

Surgical weight loss is a medically proven option for patients who have struggled to achieve lasting results through diet and exercise alone.

You may be a candidate for weight loss surgery if you have:

- A BMI over 40, or
- A BMI over 35 with obesity-related conditions such as diabetes or high blood pressure

At your consultation, your height, weight, and BMI will be evaluated. You will meet personally with Dr. William Bisland, the area's only fellowship-trained minimally invasive and bariatric surgeon, to determine whether surgical weight loss is appropriate for you and to review your options.

Weight loss surgery and what to expect

- Surgery typically takes 1–2 hours
- Most patients stay one night in the hospital
- Discharge usually occurs the following morning

With sleeve gastrectomy, patients can expect to lose 70–80% of excess weight on average. Approximately 70–80% of diabetes and/or high

blood pressure improves or resolves following surgery. Insurance coverage varies by policy, and our team can help guide you through coverage or self-pay options.

Sleeve Gastrectomy

Sleeve gastrectomy is a minimally invasive procedure that reduces the stomach to about 15% of its original size, limiting food intake and helping patients feel full sooner. The stomach is reshaped into a narrow sleeve while preserving normal digestion.

Your care extends beyond surgery. Our team may include:

- Dietician or diabetes specialist
- Behavioral health consultant
- Pulmonary or cardiac specialist
- Assistance with insurance or financing

“The doctor and staff were wonderful. They explained everything in detail and truly cared about me and my needs.”

— Patient Survey

Take the first step

Schedule a consultation to learn whether surgical weight loss is right for you.

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