



**Thibodaux Regional
Pediatric Clinic**

985.447.9045

604 N Acadia Rd., Ste 100

Thibodaux, LA 70301

Thibodaux.com/pediatric-clinic

Expert Pediatric Care

You Can Trust, From the Start



LARGEST PEDIATRIC CLINIC IN THE BAYOU REGION

Welcome, New Parents!



Dear Expecting Parents,

Congratulations on your growing family! Welcoming a new baby is an exciting time filled with many decisions — and choosing the right pediatrician is one of the most important.

At Thibodaux Regional Pediatric Clinic, we’re here to support you from the very beginning. Our experienced pediatric team is dedicated to providing compassionate, expert care from your baby’s first days through every stage of childhood.

We invite you to schedule a no-cost consult to meet our team, ask questions, and feel confident about your choice in care.

We look forward to being part of your journey.

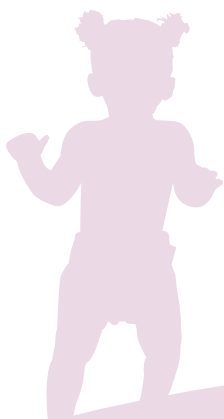
Warmly,

Thibodaux Regional Pediatric Clinic
985.447.9045



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Health and Wellness Services We Provide

- Well Care Visits/Checkups
- Immunizations
- Development Assessments
- Preventative Care
- Common Childhood Illnesses and Conditions
- Nutrition Guidance
- Health Screenings

In the event you need specialized care, we can arrange consultations with leading pediatric specialists.



Choosing a pediatrician is a big decision

We invite you to schedule a no-cost consult to meet our team, ask questions, and feel confident about your choice in care.

To Schedule an Appointment:
985.447.9045



Why Choose Thibodaux Regional Pediatric Clinic?

Board-Certified Pediatricians
Experienced, compassionate doctors who specialize in caring for children from birth through adolescence.

Trusted Hospital Connection
Backed by the strength and resources of Thibodaux Regional Health System, with seamless access to specialists, imaging, labs, and emergency care.

Convenient Location
Easy-to-access care, with the reassurance of being part of a trusted medical network.

Continuity of Care
We coordinate closely with Labor & Delivery, and other hospital services to ensure smooth, connected care from day one.

Care for Every Stage
From newborn checkups to school physicals, developmental screenings, and adolescent wellness — we grow with your child.

Same-Day Sick Visits
When your child isn't feeling well, we're here with prompt, reliable care that helps you avoid unnecessary ER visits.

Parent Partnership
We listen, guide, and support you every step of the way — because no one knows your child better than you do.

Safety & Expertise You Can Trust
Highest-quality standards and pediatric best practices.

Meet the Providers



Nicole Branley, MD

A native of Thibodaux, Dr. Branley earned her undergraduate degree from Louisiana State University in Baton Rouge and received her medical degree from the Louisiana State University Health Sciences Center in New Orleans. She completed her residency in pediatrics at the Stanford University Pediatric Residency Program in California. Dr. Branley also earned a master’s degree in public health from the Louisiana State University Health Sciences Center in New Orleans. She highly values her role as a pediatrician to guide families through sick and well visits and enjoys getting to know patients and their families. Beyond work, Dr. Branley can be found gardening, biking, and hiking.



Christen McDaniel, MD

Dr. McDaniel earned her undergraduate degree from Florida State University in Tallahassee and received her medical degree from Ross University School of Medicine. She completed her residency in pediatrics at WVU Medicine Children’s Hospital in Morgantown, West Virginia, and is board certified by the American Board of Pediatrics. Married with two young children and two goldendoodles, Dr. McDaniel enjoys spending time with family and friends when not working. She and her family enjoy attending community events throughout the year and are beginning to explore the busy world of recreational sports.



Sheila Pitre, MD

A proud Thibodaux native, Dr. Pitre earned her undergraduate degree from Nicholls State University and received her medical degree from the Louisiana State University Medical Center School of Medicine in New Orleans where she also completed her internship and residency in pediatrics. Board certified by the American Board of Pediatrics, Dr. Pitre has been caring for children and serving the community for many years with compassion and dedication. Outside of the clinic, she enjoys raising show calves and spending treasured time with her granddaughter. Whether tending to her calves or attending local events, Dr. Pitre is deeply rooted in the community she calls home.



Meagan Smith, MD

Dr. Smith earned her undergraduate degree from the University of Southern Mississippi in Hattiesburg and received her medical degree from the University of Mississippi School of Medicine in Jackson. She completed a residency in family medicine at Forrest General Hospital in Hattiesburg and a pediatric residency at the University of Arkansas for Medical Sciences in Little Rock. Dr. Smith is board certified by the American Board of Pediatrics. When not at work, she enjoys making memories while doing outdoor activities with her husband and two boys. Dr. Smith also enjoys gardening, home renovation projects and oil painting.



Lauren Beaudean, FNP-C

Lauren earned both a bachelor’s and a master’s degree in nursing from Nicholls State University and has had the privilege of being a nurse for more than 22 years, including the past nine as a family nurse practitioner specializing in pediatrics. She is deeply committed to providing compassionate, personalized care to children and their families and believes in creating a welcoming, supportive environment where parents feel heard and cared for every step of the way. Outside of work, Lauren enjoys vacationing and spending quality time with her family.



Amber Sevin, FNP-C

Amber earned both her undergraduate and graduate degrees from Nicholls State University. She completed much of her pediatric training under the guidance of Dr. Pitre which shaped her expertise and validated her interest in children’s health. In addition to being a board certified Family Nurse Practitioner, Amber is a certified lactation consultant providing knowledgeable and compassionate support to mothers and their babies. Amber is happily married and the proud mother of three children, who inspire her every day to bring kindness and dedication into her work. In her free time, she can often be found near the water relaxing on the beach, boating with her family, fishing or swimming.



Amber Torres, FNP-C

Amber earned a bachelor’s degree in nursing from Nicholls State University in 2010 and a master’s degree in nursing in 2015. A proud native of Assumption Parish, Amber is dedicated to delivering the highest quality of care to her patients, combining clinical expertise with genuine compassion. She believes in building strong relationships with families to ensure every child receives the attention and support they deserve. Amber is married and is the proud mother of three daughters. In her free time, she enjoys praying, reading, cycling, running, fishing, and boating on the lake.

Choosing a pediatrician is a big decision. We encourage you to schedule an appointment for a no-charge consult to get to know us for peace of mind before baby arrives.

To Schedule an Appointment
985.447.9045

When is the First Visit?

Usually within 2-3 days after leaving the hospital.

What to Bring?

- Baby's discharge paperwork from the hospital
- Any feeding/diaper logs you've started (some parents track this on paper or an app)
- Insurance card and ID
- List of questions you have for the doctor
- A blanket to keep baby warm (they'll be undressed for part of the exam)
- Diaper bag with extra diapers, wipes, bottle or formula (if using), pacifier, change of clothes



What to Expect?

- The baby will be weighed, measured, and checked head-to-toe
- The doctor will ask about:
 - Feeding (breast/formula)
 - Wet and dirty diapers
 - Sleep habits
 - Any concerns you've noticed
- You'll have time to ask questions — no question is too small!

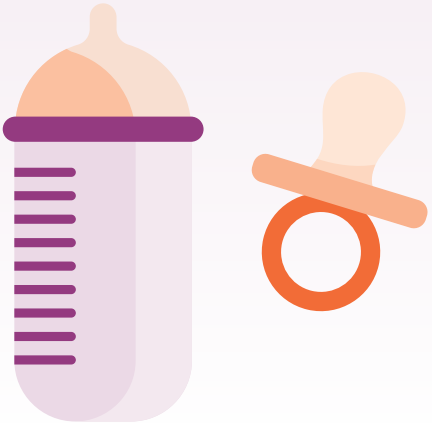


Tips for a Smooth Visit

- Try to feed baby before the appointment so they're content (but bring a bottle or be ready to breastfeed if needed)
- Dress baby in easy-to-remove clothing (think onesies with snaps)
- Be prepared for a little crying during the exam — it's totally normal
- Write down your questions in advance (baby brain is real!)

Remember

This first visit is as much about your baby's health as it is about giving you reassurance and support as a new parent. Don't hesitate to speak up or ask for help!

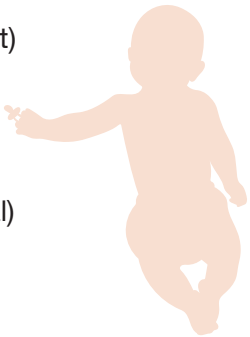


Baby and Child Well-Visit Schedule

What to Expect at Each Visit

Newborn Visit (3 – 5 days old)

- Weight check (make sure baby is gaining back birth weight)
- Feeding and diaper habits
- Umbilical cord and circumcision care (if applicable)
- Screen for jaundice
- First hearing or metabolic screening (if not done in hospital)
- Questions about postpartum recovery and mental health

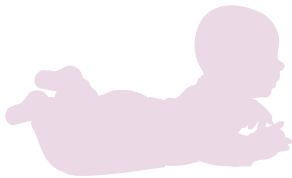


2 Weeks

- Weight, length, head circumference
- Physical exam
- Discuss feeding, sleep patterns, and bonding
- Review of newborn reflexes
- Parental support and education

1 Month

- Growth and development check
- Evaluate muscle tone, eye tracking
- Feeding and sleep review
- Safe sleep and tummy time tips
- Parental well-being check



2 Months

- First set of vaccinations: Vaxelis (DTap, Polio, Hib, Hep B), PCV, Rotavirus
- Check head control, reflexes and muscle strength
- Discuss colic, crying, bonding
- Talk about immunization side effects

4 Months

- Repeat vaccines from 2-month visit
- Evaluate head control, rolling, vision
- Discuss teething and feeding milestones
- Safety (no pillows, choking hazards, etc)



6 Months

- Continue growth and development tracking
- Same set of vaccines as at 2 and 4 months
- Begin discussing introduction of solid foods
- Review sleep habits and safety
- Flu vaccine may be given if in season (Booster one month later)

9 Months

- Physical and developmental screening
- Crawling, sitting, babbling
- Stranger anxiety and social interaction
- Nutrition
- Safety: baby-proofing, fall and poison prevention, choking prevention



12 Months (1 year)

- Vaccines: MMR, Varicella (chickenpox), Hep A, PCV
- First finger-prick anemia test
- Milestone check: standing, waving, and first words
- Discussion of discipline, routines and transitioning from bottle
- Dental visit encouraged by 12 months

15 Months

- Vaccines: DTaP, Hib, PCV
- Walking, pointing, imitation and fine motor skills
- Behavior, sleep and tantrum discussions
- Safety: stairs, outdoor play, choking risks



18 Months

- Developmental milestone check (running, speaking)
- Autism screening
- Vaccines: Hep A (2nd dose), Pentacel (DTap, Polio, Hib)
- Eating habits and picky eating tips
- Reading and language development

24 Months (2 Years)

- Growth tracking and developmental screening
- Talking in phrases, climbing, pretend play
- Behavior and toilet training discussion
- Fluoride varnish for teeth (if not already done)
- Lead screening if risk factors present



2 ½ Years

Some clinics include this for speech and behavioral check-in
Reinforce language, potty training and routines

3 Years and Beyond

- Annual checkups begin
- Vision and hearing screening
- Growth tracking and physical exams
- Development, behavior and school readiness
- 4 Years: Proquad (MMR,Varicella), Quadracel (Dtap, Polio)
- 11 Years: Adacel (Tdap), Meningococcal, HPV
- 16 Years: Adacel (Tdap), Meningococcal and Meningococcal Group B (Bexsero)

Voices of Trust

What Parents are Saying

“Everyone was amazing and made us feel validated as brand new first time parents. They answered all of our questions and didn’t make us question our concerns or think our questions were silly.”

“From the front desk, to the nurses, and the visit with the doctor, everyone was friendly and professional. They all made me feel very welcomed and confident that my child had the best care that can be provided.”

“I really enjoyed how the doctor took her time with us to make sure all questions were answered and was very informative. Most doctors seem to rush in and out, but this doctor did not and we greatly appreciate that.”

“Thank you for your warm welcome making my children and myself feel comfortable in your clinic. I want the best care team for my children and I’m so happy I have found this pediatric clinic.”

“Anytime I am concerned, the lovely doctors and nurses listen to my concerns and cover every base to make sure I’m comfortable with the care I’m receiving for my child. I couldn’t have asked for better doctors and nurses for my son.”

“This was our first family visit and I was so amazed at how much the doctor talked to us and asked many questions that other pediatricians do not. It was the extra mile and I loved that. So thankful to be a part of the practice.”

“The staff at Thibodaux Regional Pediatric Clinic are always very friendly, helpful and punctual. We never have to wait to be seen and are always greeted with a smile. The physicians and nurse practitioners always spend time with my children and are never rushed.”

“The doctor was excellent with my son! She spoke directly to him and was very thorough with her exam. She took her time to get to the bottom of his issue. My son said he likes her a lot! We would definitely recommend her to anyone.”



When to See Your Pediatrician, Visit Urgent Care, or Go to the ER

Making the right call starts with knowing your options:

See Your Pediatrician.

- Routine well-child checkups & vaccines
- Cold, cough, or low-grade fever
- Minor rashes or skin conditions
- Behavioral or developmental concerns
- Feeding or sleeping issues
- Follow-up after illness or injury

Best for ongoing care, non-urgent concerns, and trusted advice.

See Your Pediatrician. If After Hours, Visit Urgent Care.

- Sore throat, earache, or pink eye
- Mild fever, flu symptoms, or sinus infection
- Minor cuts, sprains, or burns
- Vomiting or diarrhea (if child is still alert and hydrated)
- Mild asthma or allergy flare-ups

These symptoms are best addressed by your pediatrician—or urgent care after hours or weekends.

Visit the ER.

- Trouble breathing or severe asthma attack
- High fever in a baby under 2 months (100.4°F or higher)
- Seizure or head injury
- Broken bone with swelling or deformity
- Severe allergic reaction (trouble breathing, swelling)
- Unresponsiveness, confusion, or uncontrolled bleeding

Call 911 or go to the nearest ER for life-threatening emergencies.

Not Sure? Call Us!

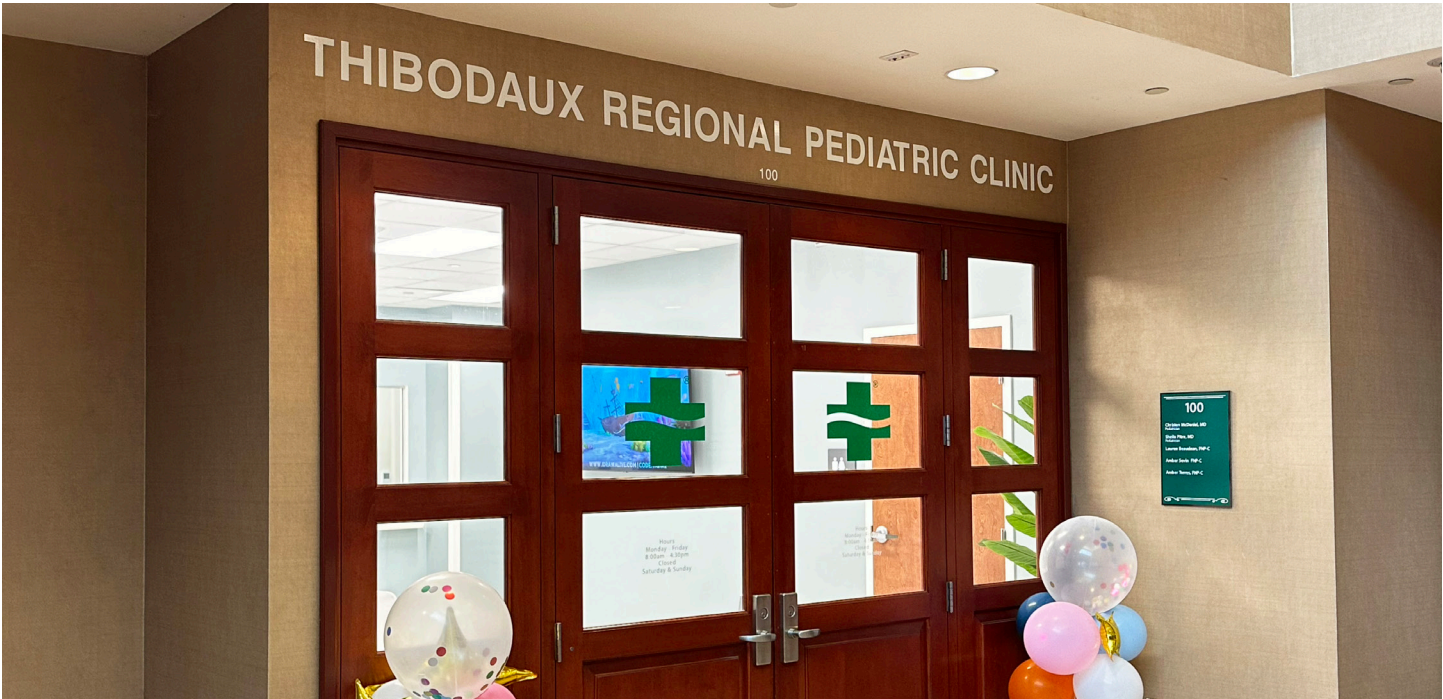
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We're happy to help you decide what's best.
Your child's health and safety always come first.

Contact Information



Office Location
Thibodaux Regional Pediatric Clinic
Thibodaux Regional Medical Office Building
604 North Acadia Road, Suite 100, Thibodaux



Office Hours
Monday - Friday: 8:00 AM - 4:30 PM
Saturday - Sunday: Closed
985.447.9045
Same Day Appointments Available.