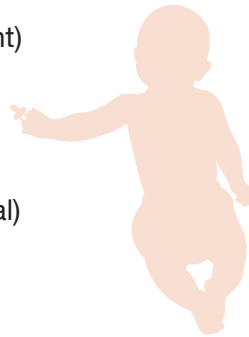


Baby and Child Well-Visit Schedule

What to Expect at Each Visit

Newborn Visit (3 – 5 days old)

- Weight check (make sure baby is gaining back birth weight)
- Feeding and diaper habits
- Umbilical cord and circumcision care (if applicable)
- Screen for jaundice
- First hearing or metabolic screening (if not done in hospital)
- Questions about postpartum recovery and mental health



2 Weeks

- Weight, length, head circumference
- Physical exam
- Discuss feeding, sleep patterns, and bonding
- Review of newborn reflexes
- Parental support and education

1 Month

- Growth and development check
- Evaluate muscle tone, eye tracking
- Feeding and sleep review
- Safe sleep and tummy time tips
- Parental well-being check



2 Months

- First set of vaccinations: Vaxelis (DTap, Polio, Hib, Hep B), PCV, Rotavirus
- Check head control, reflexes and muscle strength
- Discuss colic, crying, bonding
- Talk about immunization side effects

4 Months

- Repeat vaccines from 2-month visit
- Evaluate head control, rolling, vision
- Discuss teething and feeding milestones
- Safety (no pillows, choking hazards, etc)

6 Months

- Continue growth and development tracking
- Same set of vaccines as at 2 and 4 months
- Begin discussing introduction of solid foods
- Review sleep habits and safety
- Flu vaccine may be given if in season (Booster one month later)



9 Months

- Physical and developmental screening
- Crawling, sitting, babbling
- Stranger anxiety and social interaction
- Nutrition
- Safety: baby-proofing, fall and poison prevention, choking prevention



12 Months (1 year)

- Vaccines: MMR, Varicella (chickenpox), Hep A, PCV
- First finger-prick anemia test
- Milestone check: standing, waving, and first words
- Discussion of discipline, routines and transitioning from bottle
- Dental visit encouraged by 12 months

15 Months

- Vaccines: DTaP, Hib, PCV
- Walking, pointing, imitation and fine motor skills
- Behavior, sleep and tantrum discussions
- Safety: stairs, outdoor play, choking risks

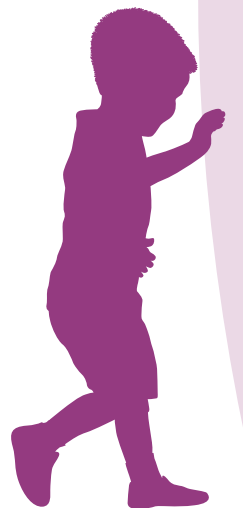


18 Months

- Developmental milestone check (running, speaking)
- Autism screening
- Vaccines: Hep A (2nd dose), Pentacel (DTap, Polio, Hib)
- Eating habits and picky eating tips
- Reading and language development

24 Months (2 Years)

- Growth tracking and developmental screening
- Talking in phrases, climbing, pretend play
- Behavior and toilet training discussion
- Fluoride varnish for teeth (if not already done)
- Lead screening if risk factors present



2 ½ Years

Some clinics include this for speech and behavioral check-in
Reinforce language, potty training and routines

3 Years and Beyond

- Annual checkups begin
- Vision and hearing screening
- Growth tracking and physical exams
- Development, behavior and school readiness
- 4 Years: Proquad (MMR, Varicella), Quadracel (Dtap, Polio)
- 11 Years: Adacel (Tdap), Meningococcal, HPV
- 16 Years: Adacel (Tdap), Meningococcal and Meningococcal Group B (Bexsero)

For questions or to schedule
an appointment, call:

985.447.9045



**THIBODAUX REGIONAL
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